

SIZE GUIDE

At Evolv, sizing is simple. To start, all you need to know is your street shoe size in your favorite sneaker. Of course, there are variances to your unique foot shape and desired performance. So, we recommend sizing up ½ to a full size more a more comfort fit or size down ½ to a full size for a more performance fit.

If you need to convert to another unit of measure, just refer to our size charts below. If you feel like you are in between sizes and cannot get to a location to try them on, you can always order a few pairs. [RETURNS](#) are easy to execute & free.

See a video explaining Evolv sizing from Pro Athlete Paul Robinson: [SHOE SIZING](#)

Contact Us

If you have any questions at all, please reach out by [phone](#) (+1-980-332-5628) or [email](#) (support_info@evolvsports.com). We are excited to help you find the perfect fit!

THIS SIZE GUIDE IS ONLY APPLICABLE TO THESE MODELS

Defy
Defy Lace
Geshido
Geshido Lace
Kronos
Phantom
Phantom LV
Rave
Shaman
Shaman LV
Shaman Lace
Shaman Lace LV
Zenist

US SIZING		UK SIZING	EUR SIZING
MENS	WOMENS		
4	5	3	35.5
4.5	5.5	3.5	36
5	6	4	37
5.5	6.5	4.5	37.5
6	7	5	38
6.5	7.5	5.5	39
7	8	6	39.5
7.5	8.5	6.5	40
8	9	7	41
8.5	9.5	7.5	41.5
9	10	8	42
9.5	10.5	8.5	42.5
10	11	9	43
10.5	11.5	9.5	44
11	12	10	44.5
11.5	12.5	10.5	45
12	13	11	46
12.5	13.5	11.5	46.5
13	14	12	47
13.5	14.5	12.5	48
14	15	13	48.5
15	16	14	49.5

VOLUME

All Evolv shoes come in a Medium Volume and Low Volume option for one reason: to get everyone in the best fitting shoe for them. Overall, our LV shoes have 6% less volume than the MV. So, if you know you have a lower volume foot, if your climbing shoes are a bit too spacious, or if you want a more performance fit for your projects, the LV may be your next go-to shoe.

Take it from a Volume, volume sizing makes more sense than an "M" or "H" on the box!

Volume sizing gets everyone in the best fitting shoe

Our LV shoes have 6% less volume than MV

LV is for a customer who has a lower volume foot or wants a snug fit for precise performance

MV is for a customer who has a more average volume foot or desires more comfort

EVOLV